

Important Update and Thank You: PE Safety and Jewellery Guidelines

Dear Parents and Carers,

We are writing to express our sincere thanks for your ongoing support with ensuring your child is ready and equipped for Physical Education. We have noticed a fantastic improvement in students removing their jewellery before PE lessons, which goes a huge way in keeping everyone safe and active.

As we continue to prioritise student safety, we would like to issue a quick reminder regarding national school PE safety guidelines:

No Jewellery Permitted: All jewellery-including earrings, rings, necklaces, watches and bracelets-must be completely removed prior to taking part in PE lessons.

Tape is Not Allowed: Covering earrings or other jewellery with tape or plasters is not permitted. Medical and sporting safety guidelines highlight that tape does not prevent injury from impact or accidental pulling during physical activity.

Piercings: If your child is planning to get a new piercing, we strongly encourage doing so at the very start of the summer holidays so there is sufficient time for healing before returning to school.

We kindly make a heartfelt plea for your continued partnership on this matter. Please help us by reminding your child to leave jewellery at home on PE days, or ensure they are able to safely remove it themselves before their lesson.

Thank you once again for your cooperation, understanding, and continued support in keeping our physical education environment safe for every student.

Warm regards,

PE Department

Mrs Mullins-Swift

Head of Physical Education

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