

		Week	Year 7	Year 8	Year 9	Year 10	Year 11		
				INSET DAY IN SCHOOL				Wellbeing and mental health	Wellbeing and mental health
1/9/2026	Tues			INSET DAY IN SCHOOL				Physical health	Physical health
2/9/2026	Wed			IAT Conference				Relationships, family, and friends	Relationships, family, and friends
3/9/2026	Thur	B						Reproductive health, consent, and sex	Reproductive health, consent, and sex
4/9/2026	Fri		In School	Not in school	Not in school	Not in school	Not in school	Diversity and inclusion	Diversity and inclusion
5/9/2026	Sat							Life skills	Life skills
6/9/2026	Sun								
7/9/2026	Mon								
8/9/2026	Tue	A	An introduction to KAMI	Mental health: talking about our emotions	Mental health: developing coping strategies	An introduction to body image	Mental health: building resilience		
9/9/2026	Wed								
10/9/2026	Thur								
11/9/2026	Fri								
12/9/2026	Sat								
13/9/2026	Sun								
14/9/2026	Mon								
15/9/2026	Tue								
16/9/2026	Wed	B	Keepinng safe online	Self-esteem and confidence	Recognising strengths in ourselves and others	Acknowledging skills and assets	Mental health: recognising challenges and identifying support		
17/9/2026	Thur								
18/9/2026	Fri								
19/9/2026	Sat								
20/9/2026	Sun								
21/9/2026	Mon								
22/9/2026	Tue								
23/9/2026	Wed	A	What is mental health?	Addictive substances: alcohol	Addictive substances: legal and illegal drugs	What is a healthy lifestyle?	Illegal drugs: risks, consequences, and support		
24/9/2026	Thur								
25/9/2026	Fri								
26/9/2026	Sat								
27/9/2026	Sun								
28/9/2026	Mon								
29/9/2026	Tue								
30/9/2026	Wed	B	Social media and mental health	Healthy lifestyles: exercising for physical and mental wellbeing	Healthy lifestyles: health services, self examination and vaccination	What is a healthy lifestyle?	Managing our health: services and support		
1/10/2026	Thur								
2/10/2026	Fri								
3/10/2026	Sat								
4/10/2026	Sun								
5/10/2026	Mon								
6/10/2026	Tue								
7/10/2026	Wed	A		Mental Health Day		What is a healthy lifestyle?	Substance addiction: how to seek help		
8/10/2026	Thur		Meet the tutor evening 4:15-6:30						
9/10/2026	Fri								
10/10/2026	Sat								
11/10/2026	Sun								
12/10/2026	Mon								
13/10/2026	Tue								
14/10/2026	Wed	B		Mental Health Day		What is a healthy lifestyle?	Managing our health: screening, prevention, and medicines		
15/10/2026	Thur						Raising Achievement Evening 18.00-19.00		
16/10/2026	Fri			ATL					
17/10/2026	Sat								
18/10/2026	Sun								
19/10/2026	Mon								
20/10/2026	Tue								
21/10/2026	Wed								
22/10/2026	Thur								
23/10/2026	Fri								
24/10/2026	Sat								
25/10/2026	Sun								
26/10/2026	Mon								
27/10/2026	Tue								
28/10/2026	Wed								
29/10/2026	Thur								
30/10/2026	Fri								
31/10/2026	Sat								
1/11/2026	Sun								
2/11/2026	Mon								
3/11/2026	Tue	A	Smoking and vaping: risks and consequences	Parliament Week / Remembrance Day		Health-related choices: blood, organ and stem cell donation & Health-related choices:	Mocks		
4/11/2026	Wed								
5/11/2026	Thur								
6/11/2026	Fri								
7/11/2026	Sat								

		Week	Year 7	Year 8	Year 9	Year 10	Year 11		
8/11/2026	Sun					Health-related choices: aesthetic procedures			
9/11/2026	Mon								
10/11/2026	Tue	B	Healthy lifestyles: maintaining a balanced diet	Parliament Week / Remembrance Day			Mocks		
11/11/2026	Wed								
12/11/2026	Thur								
13/11/2026	Fri					ATL			
14/11/2026	Sat								
15/11/2026	Sun								
16/11/2026	Mon	A	Parliament Week / Remembrance Day			Alcohol: risks, consequences, and safety	Navigating changes in romantic relationships		
17/11/2026	Tue								
18/11/2026	Wed								
19/11/2026	Thur								
20/11/2026	Fri								
21/11/2026	Sat								
22/11/2026	Sun								
23/11/2026	Mon	B	Parliament Week / Remembrance Day				Respectful relationships: ending relationships		
24/11/2026	Tue								
25/11/2026	Wed								
26/11/2026	Thur								
27/11/2026	Fri								
28/11/2026	Sat								
29/11/2026	Sun								
30/11/2026	Mon	A	Female genital mutilation (FGM): facts and risks	Healthy lifestyles: taking responsibility for your physical health	Healthy lifestyles: achieving balance	Navigating social influence and pressure	Rights and responsibilities: marriage and civil partnerships		
1/12/2026	Tue							Results assembly	
2/12/2026	Wed								
3/12/2026	Thur								
4/12/2026	Fri								
5/12/2026	Sat								
6/12/2026	Sun	B	What makes a healthy relationship?	Spotting unhealthy and abusive relationships	Healthy lifestyles: accessing health services		Control, coercion, and grooming		
7/12/2026	Mon							Parents evening	
8/12/2026	Tue								
9/12/2026	Wed								
10/12/2026	Thur								
11/12/2026	Fri								
12/12/2026	Sat								
13/12/2026	Sun								
14/12/2026	Mon	A	Christmas Charity drive			Recognising and challenging misogyny	Consent matters		
15/12/2026	Tue								
16/12/2026	Wed								
17/12/2026	Thur								
18/12/2026	Fri								
19/12/2026	Sat	Christmas Holidays							
20/12/2026	Sun								
21/12/2026	Mon								
22/12/2026	Tue								
23/12/2026	Wed								
24/12/2026	Thur								
25/12/2026	Fri								
26/12/2026	Sat								
27/12/2026	Sun								
28/12/2026	Mon								
29/12/2026	Tue								
30/12/2026	Wed								
31/12/2026	Thur								
1/1/2027	Fri								
2/1/2027	Sat								
3/1/2027	Sun								
4/1/2027	Mon	B	Safer Internet Day		Options process		Understanding pornography		
5/1/2027	Tue								
6/1/2027	Wed								
7/1/2027	Thur								
8/1/2027	Fri								
9/1/2027	Sat								
10/1/2027	Sun								
11/1/2027	Mon	A	Safer Internet Day		Options process	Understanding marriage and civil partnerships	Sexual health: preventing and treating STIs		
12/1/2027	Tue								
13/1/2027	Wed				Options evening				
14/1/2027	Thur								
15/1/2027	Fri								
16/1/2027	Sat								
17/1/2027	Sun								
18/1/2027	Mon	B	Coping with change: bereavement, divorce and separation	Relationships and conflict	Options process		Making choices about your sexual health		
19/1/2027	Tue								
20/1/2027	Wed								
21/1/2027	Thur								
22/1/2027	Fri								

		Week	Year 7	Year 8	Year 9	Year 10	Year 11		
23/1/2027	Sat								
24/1/2027	Sun								
25/1/2027	Mon								
26/1/2027	Tue								
27/1/2027	Wed								
28/1/2027	Thur								
29/1/2027	Fri								
30/1/2027	Sat								
31/1/2027	Sun								
1/2/2027	Mon								
2/2/2027	Tue								
3/2/2027	Wed								
4/2/2027	Thur								
5/2/2027	Fri								
6/2/2027	Sat								
7/2/2027	Sun								
8/2/2027	Mon								
9/2/2027	Tue								
10/2/2027	Wed								
11/2/2027	Thur								
12/2/2027	Fri								
13/2/2027	Sat								
14/2/2027	Sun								
15/2/2027	Mon								
16/2/2027	Tue								
17/2/2027	Wed								
18/2/2027	Thur								
19/2/2027	Fri								
20/2/2027	Sat								
21/2/2027	Sun								
22/2/2027	Mon								
23/2/2027	Tue								
24/2/2027	Wed								
25/2/2027	Thur								
26/2/2027	Fri								
27/2/2027	Sat								
28/2/2027	Sun								
1/3/2027	Mon								
2/3/2027	Tue								
3/3/2027	Wed								
4/3/2027	Thur								
5/3/2027	Fri								
6/3/2027	Sat								
7/3/2027	Sun								
8/3/2027	Mon								
9/3/2027	Tue								
10/3/2027	Wed								
11/3/2027	Thur								
12/3/2027	Fri								
13/3/2027	Sat								
14/3/2027	Sun								
15/3/2027	Mon								
16/3/2027	Tue								
17/3/2027	Wed								
18/3/2027	Thur								
19/3/2027	Fri								
20/3/2027	Sat								
21/3/2027	Sun								
22/3/2027	Mon								
23/3/2027	Tue								
24/3/2027	Wed								
25/3/2027	Thur								
26/3/2027	Fri								
27/3/2027	Sat								
28/3/2027	Sun								
29/3/2027	Mon								
30/3/2027	Tue								
31/3/2027	Wed								
1/4/2027	Thur								
2/4/2027	Fri								
3/4/2027	Sat								
4/4/2027	Sun								
5/4/2027	Mon								
6/4/2027	Tue								
7/4/2027	Wed								

		Week	Year 7	Year 8	Year 9	Year 10	Year 11		
8/4/2027	Thur								
9/4/2027	Fri								
10/4/2027	Sat								
11/4/2027	Sun								
12/4/2027	Mon								
13/4/2027	Tue								
14/4/2027	Wed	A	Managing risk: travelling safely	Managing risk: looking after your personal safety	The impact of relationships	Sexual health: choosing and accessing contraception	Revision & exam support		
15/4/2027	Thur						Parents evening		
16/4/2027	Fri								
17/4/2027	Sat								
18/4/2027	Sun								
19/4/2027	Mon								
20/4/2027	Tue	B		Earth Day			Revision & exam support		
21/4/2027	Wed								
22/4/2027	Thur								
23/4/2027	Fri								
24/4/2027	Sat								
25/4/2027	Sun					Sexuality and attraction: coming out			
26/4/2027	Mon								
27/4/2027	Tue	A		Earth Day			Revision & exam support		
28/4/2027	Wed								
29/4/2027	Thur		Parents evening						
30/4/2027	Fri								
1/5/2027	Sat								
2/5/2027	Sun								
3/5/2027	Mon		Bank Holiday						
4/5/2027	Tue								
5/5/2027	Wed	B	Developing your leadership skills	Social influences: young people and gangs	Family life: parenthood and caring		Revision & exam support		
6/5/2027	Thur								
7/5/2027	Fri								
8/5/2027	Sat								
9/5/2027	Sun								
10/5/2027	Mon								
11/5/2027	Tue					Understanding pregnancy: your choices	Biology paper 1 am Sociology paper 1 pm English Lit paper 1 am Business paper 1 RS paper 1 am PE paper 1 pm Maths paper 1 am Drama pm		
12/5/2027	Wed	A	Media literacy: staying safe online	Media literacy: interpreting information online	What is good communication?				
13/5/2027	Thur				ATL				
14/5/2027	Fri								
15/5/2027	Sat								
16/5/2027	Sun								
17/5/2027	Mon								
18/5/2027	Tue	B	Media literacy: becoming a responsible digital citizen	Media literacy: data, advertising, and persuasive design	Practising safe sex				
19/5/2027	Wed								
20/5/2027	Thur								
21/5/2027	Fri								
22/5/2027	Sat					Stalking, sexual violence, and reporting			
23/5/2027	Sun								
24/5/2027	Mon								
25/5/2027	Tue	A	Careers	Careers	Sex, relationships, and the media		TPG		
26/5/2027	Wed								
27/5/2027	Thur								
28/5/2027	Fri								
29/5/2027	Sat								
30/5/2027	Sun								
31/5/2027	Mon								
1/6/2027	Tue								
2/6/2027	Wed								
3/6/2027	Thur								
4/6/2027	Fri								
5/6/2027	Sat								
6/6/2027	Sun								
7/6/2027	Mon								
8/6/2027	Tue	B	Careers	Careers	Harmful relationship behaviours: harassment and the law				
9/6/2027	Wed								
10/6/2027	Thur								
11/6/2027	Fri								
12/6/2027	Sat					Know your rights: the Equality Act 2010			
13/6/2027	Sun								
14/6/2027	Mon								
15/6/2027	Tue	A	Careers	Careers	Challenging prejudice and discrimination				
16/6/2027	Wed								
17/6/2027	Thur								
18/6/2027	Fri								

		Week	Year 7	Year 8	Year 9	Year 10	Year 11		
19/6/2027	Sat								
20/6/2027	Sun								
21/6/2027	Mon								
22/6/2027	Tue	B	Careers	Careers	Financial choices: budgeting, saving, debt	Mocks			
23/6/2027	Wed								
24/6/2027	Thur								
25/6/2027	Fri								
26/6/2027	Sat								
27/6/2027	Sun								
28/6/2027	Mon	A	Careers	Careers	Gambling: the facts	Mocks			
29/6/2027	Tue								
30/6/2027	Wed								
1/7/2027	Thur								
2/7/2027	Fri								
3/7/2027	Sat		ATL						
4/7/2027	Sun								
5/7/2027	Mon	B	Careers	Careers	Staying safe online: AI, risks, and critical thinking	Staying safe online: protecting your personal data			
6/7/2027	Tue								
7/7/2027	Wed								
8/7/2027	Thur								
9/7/2027	Fri								
10/7/2027	Sat								
11/7/2027	Sun								
12/7/2027	Mon	A	Careers	Careers	Sex and consent online				
13/7/2027	Tue								
14/7/2027	Wed								
15/7/2027	Thur								
16/7/2027	Fri								
17/7/2027	Sat					ATL			
18/7/2027	Sun								
19/7/2027	Mon	B			End of year reflection				
20/7/2027	Tue								
21/7/2027	Wed								